

# First Aid Level 1

## Why first aid?

This unit specifies the outcomes required to deal with the provision of essential first aid in recognising and responding to an emergency situation using basic life support measures.

For this unit the participant is not expected to deal with complex casualties or incidents, but to provide an initial response where first aid is required.

By the end of the unit, participants will be able to comply with legislation, regulations, standards, codes of practice and established safe practices and procedures for applying basic first aid.

Participants will be able to use appropriate communication and interpersonal techniques with colleagues and others, as well as accurately locate, record and repeat information and apply basic first aid efficiently and safely.

Please ask our consultants for details on when this course will be held.



First Aid: Convulsions

